

# ROCK CREEK REGIONAL PARK LAKE FRANK AND MEADOWSIDE TRAILS

Length: 7+ miles of natural surface trails  
updated: may2015

## Park Features

- 1** Meadowside Nature Center and Live Raptor Exhibit  
301.258.4030  
Closed Sunday & Monday.  
Open Tues thru Sat 9am - 5pm
- 2** Picnic Pavilion & Campfire Ring
- 3** Pioneer Farmstead & Study Pond  
(No Fishing)
- 4** Smith Environmental Center (MCPS)
- 5** Muncaster Mill Site
- 6** Kengla Conference Center
- 7** Valient Covered Bridge

Trail Issues: Service Center 301.670.8080  
service.center@montgomeryparks.org  
Emergency: Park Police 301.949.3010  
Non-emergency:  
Park Manager 301.948-5053

0 miles 1/4  
MontgomeryTrails.org

Trail Lengths	miles
Backbone	0.15
Big Pines	0.20
Lakeside	3.23
Meadow Trail	.25
Muncaster Mill	1.50
Old Nasty	0.25
Pioneer	0.23
Rocky Ridge	0.30
Springs	0.45
Sunfish	0.26
Wildflower Loop	0.25

- Hard Surface Trail
- Trail Connector
- Natural Surface Trail Connector
- Hiker Only Trail Connector
- Parklands
- Streams & Ponds

- Wheelchair Accessible
- Parking
- Phone
- Information
- Bathrooms
- Picnic Area
- Use caution crossing
- Steep Slope
- Drinking Water



Please Note: Trail Connectors are shown solely for neighborhood access. They are not part of the main park trail system and may not be signed or maintained to park standards.

